

THE SCIENCE BEHIND  
TWIN FLAME TELEPATHY...



**CONSTANT**

**COMMUNICATION**

WITH THE UNIVERSE

DR. HARMONY



## The Science Behind Twin Flame Telepathy ...

Hello Dear One...

This resource will help you visualize the anatomy of your crystalline light body, how you energetically merge with your twin flame, which keeps your dynamic constantly connected, and how together you are in constant communication with the Universe. Together you are two pillars of light performing global grid work to assist in the collective mission of creating Universal heart oneness with all that is!.

Awareness is POWER, so it is my intention that you gain a greater understanding of the true nature of your continuous connection with your twin flame, allowing you to make an intentional contribution to assist with the collective mission of all twin flames.

Don't forget to subscribe to my YouTube channel,  
so get notified and can receive instant access to my  
Weekly GLOWshow!

Sharing the Shire.  



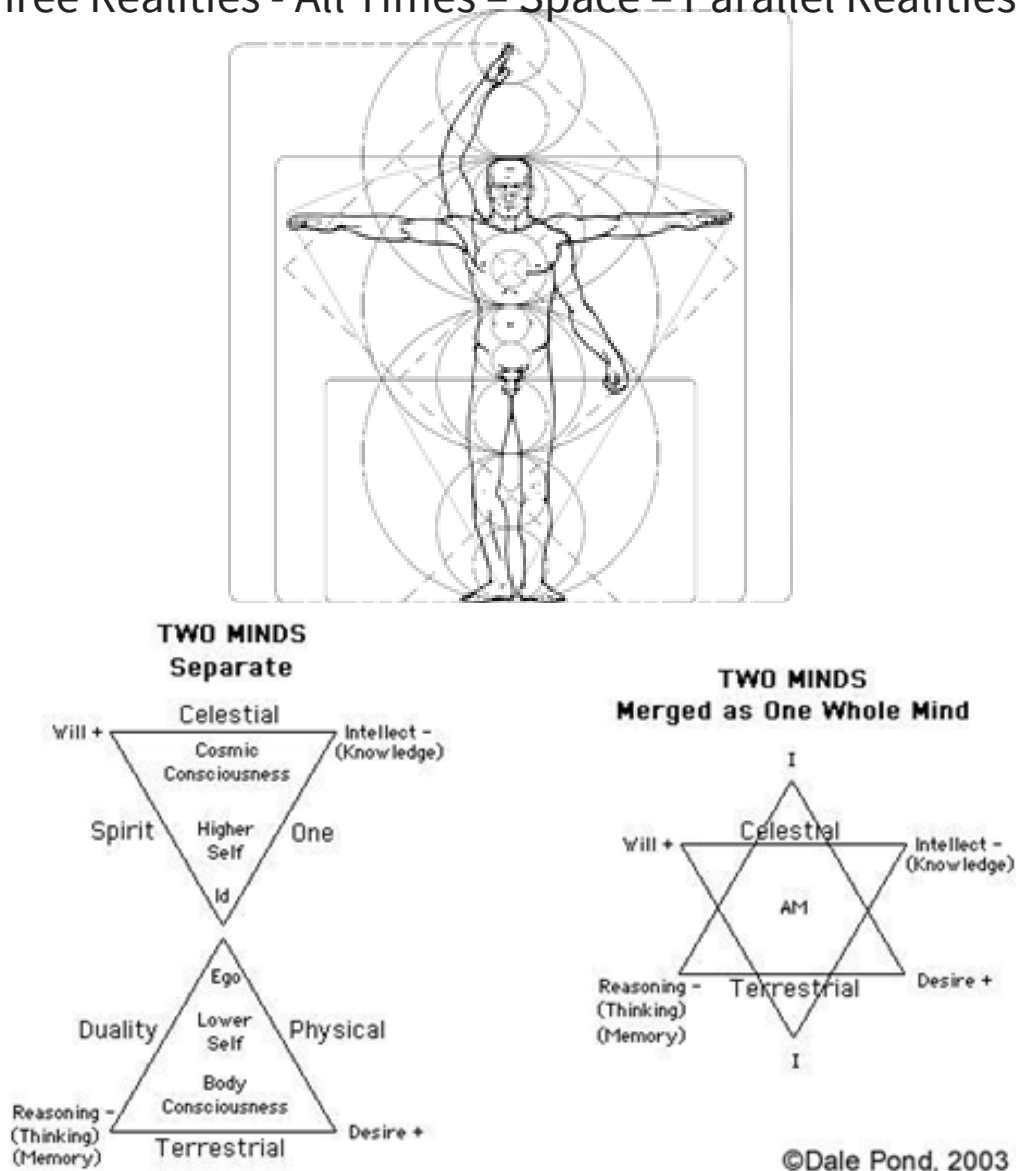



First, it will be important that you understand the energetic anatomy that exist between you and your twin flames counter-part template, also known as your crystalline grid, which will affect the following six areas. This visual guide will demonstrate the importance to remove any interference between you and your twin flame, and in every area of your being – which is done so by creating balance from within yourself that then generates harmony with everything around you, as you align with your heart and connect with all that is:

- 1) Free Your Soul Release  
Your Karmic Vows & Soul Contracts
- 2) Free Your Energy  
Recalibrate Your Chakras to Create Harmonic-Energetic Flow  
– Cut Energetic Cords
- 3) Free Your Life  
Rid Past Life Programming and Conditioning
- 4) Free Your Mind  
Reprogram Your Toxic Thoughts, Beliefs & Subconscious memory
- 5) Free Your Heart  
Raise Your Love Vibration
- 6) Free Your Body  
Reset Your Cellular DNA

**There are five components that make up, both you and your twin flames crystalline star body's, which creates a merged template - also known as the dynamic that occurs due to the integration of your individual soul beings:**

- 1) Six Dimensions of Your Dynamic
- 2) Five Layers of Your Dynamic
- 3) Five Elements of Your Dynamic
- 4) Four Planes of Your Dynamic
- 5) Three Realities - All Times – Space – Parallel Realities





# Breakdown of the Five Components

Let's review the deeper meaning of these five components:

## 1) Six Dimensions of Your Being

- Etheric, Energetic, Spiritual, Emotional, Mental and Physical body's

## 2) Five Layers of Your Spiritual Being: The Five Koshas – an exploration of the soul, an inward journey to discover the nature of what makes up who you are and where you come from.

### a. **Higher Wisdom Body**

- Over Soul – Divine Intelligence – Cosmic Universal Intelligence  
A constant connection between your inner knowing and the Divine intelligence, creating the wisdom body, which is called the vijnanamaya kosha, from vijnana, or “intellect”.

### b. **Energetic Light Body**

- Inner Soul – Innate Intelligence programmed within the DNA of your soul, carries your souls blueprint.
- Directly connects you to Source at all times via the chakras  
Pranamaya kosha and is composed of the body's subtle life-force energy prana, also known as chi in traditional Chinese medicine.

### c. Mental Body

- Higher Conscious Awareness – Carries the wisdom of your higher-self – Divine intelligence held within the higher-self chakras – An exploration of the Akashic records, sacred contracts, Divine creativity – Relay's Information to the physical world.
- Conscious Awareness – Right and Left Brain – Knowing and Reasoning – Spirit and Ego – Heart Desires and Logic – Reacts to Information.
- Subconscious Awareness – Innate intelligence – Old Programming – Impressions – Stored Emotions – Responds to Information.

Generates Stimulation of Your 5 Senses:

- I. Taste
- II. Touch
- III. Sight
- IV. Smell
- V. Sound

- Integration with your consciousness activates the nervous system—creating a merger of your thoughts, feelings, emotions, and sensations, and is known as the manomaya kosha, from manas which means “mind” or “thought processes.”



## d. Physical Body

- Nervous System Memory
- Sympathetic Nervous System
- Conscious Intelligence Stored within the Nervous System
  - Fight or Flight Reactions
  - Physical responses
  - Storage of cosmic energy in your body muscles and bones
- Parasympathetic - Subconscious Intellect within the Nervous System
  - Rest and Digest
  - Visceral responses – organs, bones, tissue, blood skin
  - Storage of cosmic energy in organs, blood, tissues, and skin
- Muscle Memory
  - Trigger Points – stored toxic memories in every plane and every dimension, every time and space
  - Suppressed Emotions
- Energetic Memory
  - Past life cellular energetic imprints
  - Stored Emotions
- DNA – Genetic coding from – ancestral and generational and cultural curses.
  - The genetic make-up of our physical body is known as the annamaya kosha. Anna means “food” or “physical matter” and maya means “made of”.

## d. Heart Body

- Energetic-Heart Field – electromagnetic pulses that produces the highest-frequency of your Being, and integrates with your thoughts, feelings and emotions. This constant communication between your heart, your mind and your emotions then connects to your twin flames heart and generates your twin flame dynamics soul signature heart frequency.
- Emits unconditional love and compassion – when negative energetic cords are released it expands your heart, creating a radiant heart that activates your higher-heart chakra, which is located behind the nasal cavity and thymus areas. It takes experiencing a shattered heart, most often from your twin flame, that helps you tap into the your highest self for the purpose of experiencing joy and bliss – your highest happy.
- Generates a specific vibration that is produced by an electromagnetic pulse as it emits your soul signature heart language into the cosmic, which represents your personal vibration, and keeps you continually connected with Divine love. This is tapping into the deepest layer of your being and is known as the anandamaya kosha, from ananda, which means “bliss”.

Once you reach this level of harmonic-energetic freedom, your heart expands giving you a sense of coming home that produces feelings of inner peace and happiness. This allows you to connect to something greater than yourself, which expands your higher consciousness generating an awareness beyond the limitations of your physical body, and will bring into our reality that which you desire in life, love and livelihood.



### 3) Five Elements of Your Being

The concepts of these five elements are typically thought of as an ancient Chinese system that references energetic patterns, depending on a type material or element that something is made of, or a cause and effect relationship between any two energetic objects or beings. When reprogramming or awakening subconscious memories, such as the Akashic records – clearing interference's in the following elements are important. Otherwise you remain attached to previous partners, lifetimes, time-frames, spaces and realities, making it important to cleanse every element of one's being to release past karmic debris.

#### a. **Earth**

Root Chakra

Physical Body

Taurus, Virgo, Capricorn

#### b. **Water**

Crown and Sacral Chakra

Energetic Light Body

Cancer, Scorpio, Pisces

#### c. **Air**

Throat and Third-Eye Chakra

Mental Body

Gemini, Libra, Aquarius

#### d. **Fire**

Heart and Solar Plexus Chakra

Heart and Emotional Body

Aries, Leo, Sagittarius

#### e. **Aether – Energetic Diamond Light in Motion**

5 Higher-self Chakras

Higher Wisdom and Energetic Light Bodies

All Signs

#### 4) **Four Planes of Your Being**

Vertical, Horizontal, Perpendicular and Encapsulated

#### 5) **Three Realities - All Times and Space of Your Being**

Past, Present, Future Realities

When you combine all of these elements it makes up the anatomy of you and your twin flames individual souls and creates the Merkaba Star – the chariot of ascension – your soul's vehicle, also known as your crystalline light body's. Individually you both carry, masculine and feminine energies that then harmonizes in such a way to create energetic balance between the two of you. Here the upward triangle represents the masculine energy, and the downward triangle, the feminine energy, withing each of individual crystalline light body's.

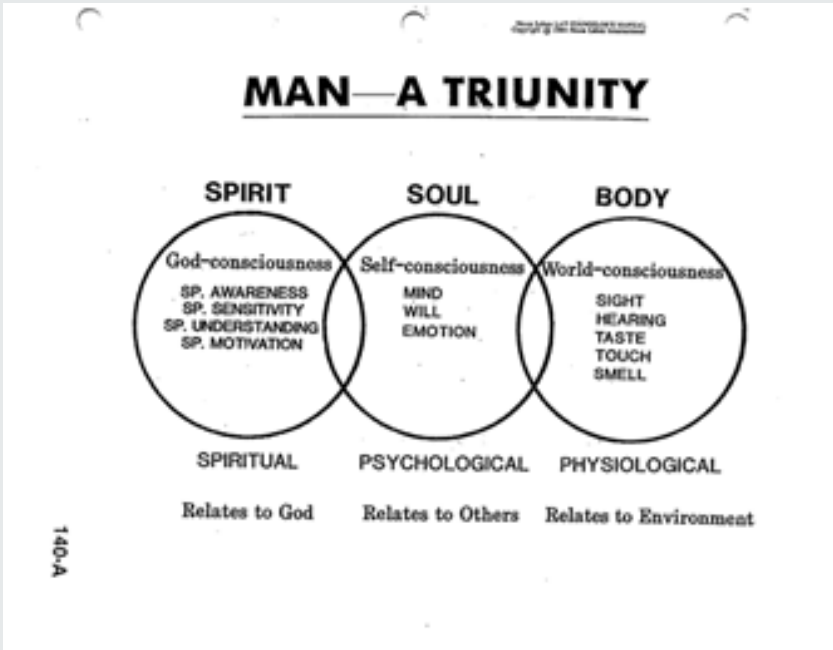


When you view your crystalline light body's from the top or bottom, you can see the six pillars of light that both you and your twin flame carry. Being that your light body's are merged, together you create a 12-point star. This becomes your joint energetic template and is comprised of your individual crystalline light bodies, or two individual 6-point stars.

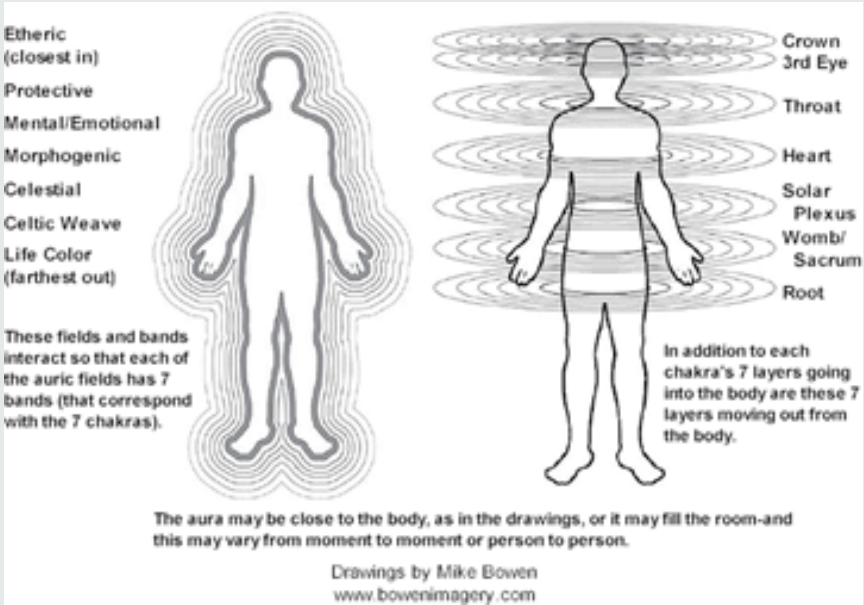




Because your two crystalline light body's are merged, it creates a third body, known as an etheric body – soul body – auric field:



The third body also integrates with Source energy creating a trinity, which then operates accordingly to the higher wisdom and soul blueprint, carrying out the soul agreements that was made between you and your twin flame.



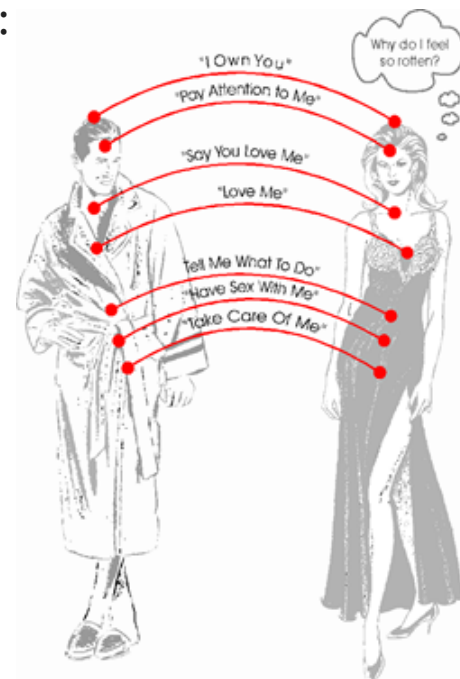
Interactions between you and others (not just your twin flame) – also creates a third body, where energetic cords are created and can then attach to your chakras, creating a constant communication between you and the other person – these are cords of energy can cause interference in your personal soul's frequency, making it important to cut cords and ties to karmic/toxic people, places and experiences.

When releasing these cords, you will want target specific chakras in correlation to each type of relationship that you experienced with each person. For instance, if you are cutting cords with a sexual partner then target the sacral chakra. If with a deep soul mate, you will want to target the heart chakra.

These cords generate a Universal language between you and the other person that you created a connection with:

### Examples of Universal language

Mind to Mind  
Heart to Heart  
Gut to Gut  
Passion to Passion  
Fear to Fear  
Conflict to Conflict



Example of Cording

Because these cording creates communication between you and another persons energy, it can cause you to feel what they feel, especially with your twin flame.



Together you and your twin flame make up an energetic force called a unified field that emits your joint soul signature – also known as your unique heart frequency, which sends signals to the collective universal heart oneness of all that is.

## **Feminine Counterpart – 6 Point Star -- Masculine Counterpart – 6 Point Star**

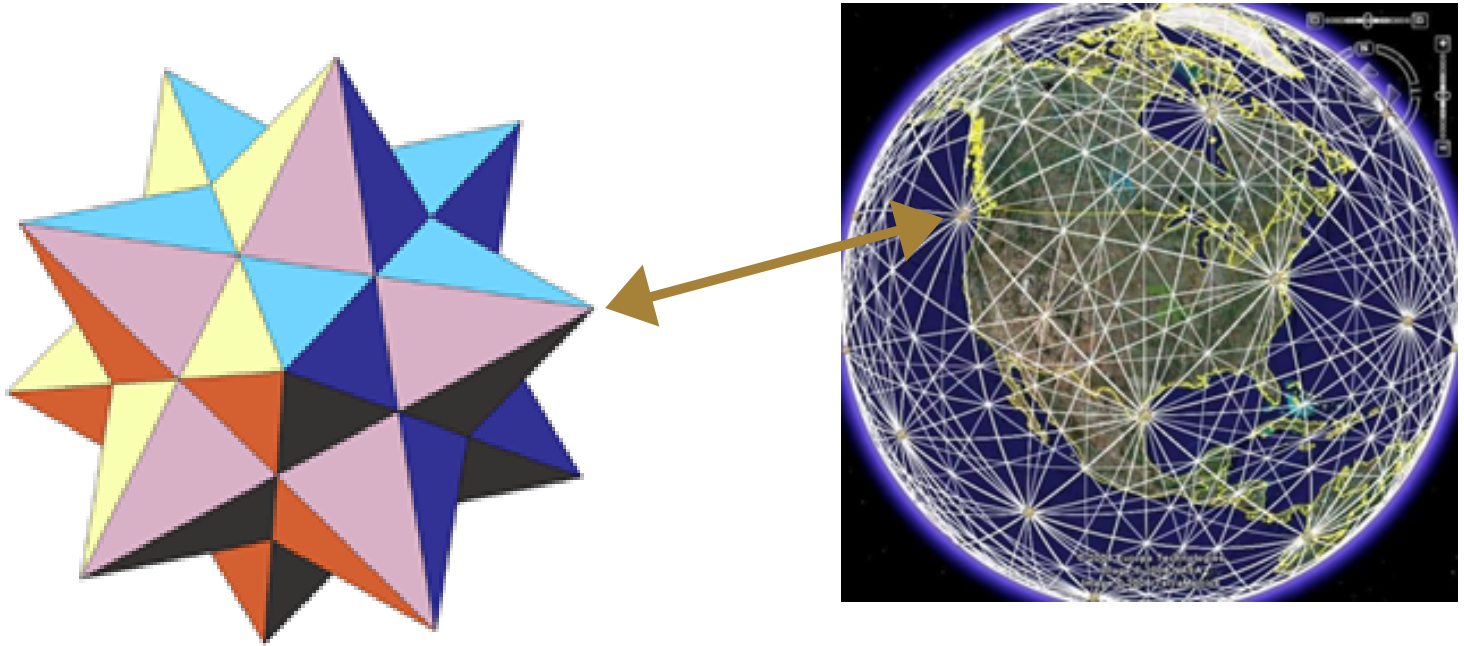


As quantum physics counterpart templates, you and your twin flame create a 12-point star = Dodekagram.

Twelve is a sacred Universal number that represents God's people and because Israel was comprised of 12 tribes and 12 apostles, it represents the concept of 144K twin flames.

Your twin flame, 12-pointed star becomes the crystalline light body that houses the individual soul's of, both you and your twin flame that keeps you continually connected and in constant energetic communication. This is also why you experience intense telepathy with your twin flame; verses with others, where you also create a third body, but the communication is due to your corded connection.

Your twin flame dynamic's 12-pointed crystalline soul body then energetically plugs into the World Wide Web and contributes to the collective energy, creating a 12-point Universal star.



Therefore when you heal, your twin flame heals, and when one heals we all heal.

This WWW connection is generated through the process of grid work that occurs in an – inward – outward – upward – downward – energetic pattern, as each twin flame becomes a pillar of light that anchors energy into the core of mother earth, and is why there is often geographical distance between them.

This can occur consciously or unconsciously – no effort is needed – each twin flame acts accordingly to their soul agreements.

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[Click Here to](#)  
**ReRight Karmic Debts**



# An Understanding of Grid Work:

Grid work is the process of returning to places to re-right your past (in this life or past lives) and restore the energy within that physical space.

The following 5 C's create constant communication between you and your twin flame that not only keeps you both continuously connected, but because you are pillars of light, they assist you in your facilitation of the collective karmic purge that is occurring with mother earth, in order to remove interference in the WWW of all that is.

## Experience 5 C's in Your Telepathic Connection

- 1) **Clear** – karmic purge, individually, with your twin flame, and collectively.
- 2) **Correct** – bringing balance to your soul's agreement and any energy imbalances.
- 3) **Connection** – an activation between you and your twin flame that increase your vibrations and can also be with someone else, or exist within a specific grid point.
- 4) **Collect** – lost soul fragments – soul retrieval – regain what you have lost energetically.
- 5) **Conduit** – become pillars of light that anchor a higher love vibration into the planet, which assist in healing and restoring mother earth.

# Collective 12 Universal Grid Points



## CONSIST OF SEVEN MAJOR EARTH CHAKRAS

**1st Chakra** – Mt. Shasta in California – US

**2nd Chakra** – Lake Titicaca Peru/Bolivia – South America

**3rd Chakra** – Uluru in Australia

**4th Chakra** – Glastonbury, Somerset, and Shaftesbury, Dorset – UK

**5th Chakra** – Great Pyramids near Mt. Sanai and Mt. Olives – Egypt

**6th Chakra** – Considered to be in Western Europe – Stone hedge – Somerset = Shaftesbury – UK

**7th Chakra** – Mt. Kailas in the Himalayas – China – Asia

**Kundalini Chakra** – the Nile of Egypt

## Why are you and your twin flame doing grid work (which can be consciously and unconsciously)?

Together you and your twin flame are healing past timelines through a process of: Clear – Correct – Connect – Collect – Being Conduits. This is being done: Personally – Together – Collectively – Universally, which is why you are clearing your personal and joint karma. It is also the reason you may be separated in different states or countries. You must complete these karmic contracts to free your soul from these binding agreements.

# Time to Cancel the Contract!

**I Can ONLY Imagine - You MUST Ready to Cancel the Contract...RIGHT?!?!**

**First, set an INTENTION for AWARENESS:** Ask your guidance to assist you in gaining clarity and direction helping you accelerate your soul transformation.

Declare you are ready to release your past, raise your vibration and reclaim your rewards!

**Second, review a list of locations you may have a connection with in your sacred contract,** and write a letter to the Universe declaring cancellation of all karmic vows, debts, soul contracts, as you clear-correct-collect-connect and become a conduit of light to those areas, ask for all karma to be released - past - present - future, and in all time and space - in every dimension and on every plane of your being.

Be specific and review your list of all awareness's made while reviewing possible connections to your personal or 12-point Universal star connections in all times, spaces and realities.

**Ask that anything blocking you** from connecting to your highest self, your highest purpose, and your highest Divine partnership of this lifetime - that it be released.

**Now, read your letter aloud and proclaim** stating: I AM open, willing and ready to release all my negative experiences and karmic debris and vows, including soul contracts, and I AM ready to complete any lesson that still need to be completed - ask for the awareness to learn the lesson and let go of all the rest.

**Sign your letter and then burn it** - during a full moon cycle will amplify the power of this letting go ceremony.

**AFFIRM:**

**I AM Open, I AM Clear, I AM Free to move on with my hearts desires!**

# A Deeper Understanding of Energetic Cords

Did you realize that you have an energetic cord that plugs into everything on this planet?

Our chakras act as energetic portals that connects us, not only to Source, but to everything in this Universe!

Our aura, also known as, our energetic field becomes the filter for the energy that we emit or absorb, for both positive and negative energies. When the aura is congested it is not able to properly process the energetic signals that we receive. This exchange process creates an energetic communication channel that vibrates at a specific frequency, creating a cord of energy between you and everyone you come into contact with.

The connected energy between yourself and others is stored in an etheric body – a third body that houses the collective energy between you and every person you come into contact with. It also stores your higher-soul information. This subconscious connection is where all Universal contracts are reinforced. These contracts are stored within the hall of records – also known as the Akashic records.

Depending on the nature of the relationship, an etheric cord attaches to your energy through three primary chakras: heart, solar plexus, and sacral chakra.



# How do these Cords Communicate?

Etheric cords are a constant line of communication that is continuously sending and receiving signals back and forth between you and others. So depending on which energetic channel we tune into, being a higher or lower frequency, it effects us on every level, including; taking on the thoughts, feelings and emotions of others – both positive and negative. This also, explains our telepathic connection to our Beloved's.

Often these channels of communication are affected by interference, which can cause distortion, blocking your ability to receive crystal-clear communication. Therefore, negative energetic cord attachments can prevent you from, not only connecting to your high-self or your greatest potential, but can prevent you from energetically communicating – including with your twin flame.

So, it is VERY important that you keep your channels, open, clear and free from distorted energetic patterns, including negative energetic attachments that you have been connected throughout your entire soul's evolutionary journey.

Also, this is why it's so important to release your past, present and future karmic contracts and ALL vows that YOU signed up for. So make sure to release energetic attachments that date all the way back to the beginning of your soul's evolutionary incarnation!

YES... that is why past-life clearing is so VERY important!

WOW...Looks like we forgot to read the fine print – RIGHT?

# Where do Energetic Cords Attach?

Etheric cord attachments will block your chakras and keep your energy from flowing throughout your body, causing interference that result in feelings of being stuck. As you release these energetic blocks, you will restore balance in your life, which is critical to healing your soul on every plane and in every dimension. It will not only harmonize your soul's vibration, but it will create harmony throughout the seven dimensions of your soul's Being. The steps involved are fairly simple, but it is important to focus on one chakra at one time.

Most often these energetic cords are primarily attach to one or more of the following 3 chakras:

## 1) Heart chakra

Cords that attach to the heart chakra are usually associated with connections to those that we have loved deeply, such as; lovers, parents, children, and so on. When we feel broken hearted, our heart chakra triggers a response producing a contraction feeling, which is an attempt to purge these cords. However, due to the energetic attachments unless we cut these cords they will remain and continue to produce emotional pain and feelings of loss, preventing you from being open to give and receive love.

## 2) Solar Plexus Chakra

Cords that attach to this chakra are usually associated with those that we have short encounters with, such as; short-term relationships, co-workers, and strangers that momentarily cross our paths, and so on. When we become triggered by others it stimulates negative emotions, and our response generate feelings, such as; fear, resentment, power struggle, comparison, and so on. Our solar plexus chakra triggers restrictive energetic flow within this chakra, which can cause feelings of being unsettled, giving you that heavy feeling in the pit of your gut! This means your chakra is trying to purge the attached cords. However, because of the energetic attachment, unless we consciously cut these cords, they will remain and continue to produce uneasy and unsettled feelings that will block your ability to trust.

# Where do Energetic Cords Attach?

## 3) Sacral Chakra

Cords that attach to this chakra are usually associated with those that we have experienced a sexual encounter. When we become sexually attracted to someone, it produces a chemical response that stimulates our sacral chakra to energetically connect to that person. Then depending on if this is a positive or negative experience, our sacral chakra triggers a response helping us to be creative, or shut down our ability to connect to our purpose with passion!

So, whether a positive or negative sexual experience, if you are no longer with that person, energetic cords attached to them, need to be cut. Otherwise, they can continue to trigger your responses, which will prevent you from attracting your Divine sexual partner – blocking you from experiencing sacred sexuality.



[CLICK HERE](#) - For additional assistance with cutting cords or my 'ReBooting Your Twin Soul' 1-on-1 Blueprint Program

# Which Cords to Cut!

Here is a list of common energetic cords that need to be cut:

## POSSIBLE CORDS:

NEGATIVE RELATIONSHIPS – BOTH KNOWN AND UNKNOWN

NEGATIVE EMOTIONS – BOTH KNOWN AND UNKNOWN

NEGATIVE FEELINGS – BOTH KNOWN AND UNKNOWN

EXPERIENCES – BOTH KNOWN AND UNKNOWN

ALL KARMIC CONTRACTS YOU HAVE MADE FOR PAST, PRESENT AND FUTURE

ALL KARMIC VOWS YOU HAVE MADE FOR PAST, PRESENT AND FUTURE

ALL KARMIC DEBTS THAT YOU HAVE MADE FOR PAST, PRESENT AND FUTURE

ATLANTIS – ABANDONMENT, FORGIVENESS AND CODEPENDENCY

NOT FEELING GOOD ENOUGH – THE NEED TO MEET THE EXPECTATIONS OF OTHERS

NOT FEELING WORTHY – THE NEED FOR VALIDATION

PERSECUTION – BLOCKING YOU FROM EXPRESSING SELF AND SPEAKING YOUR TRUTH

GENERATIONAL CURSES – LETTING GO OF THE EXPECTATIONS OF FAMILY AND

PROGRAMMING OF THEIR PATTERNS OR BELIEF SYSTEMS

CULTURAL CONDITIONS – LETTING GO OF THE EXPECTATIONS AND CONDITIONS OF

PROGRAMMING FROM YOUR CULTURES PATTERNS OR BELIEF SYSTEMS

UNIVERSAL KARMIC CLEARING – CLEARING KARMIC PATTERNS FOR THE COLLECTIVE –

INCLUDING THE 7 CARDINAL-DEADLY SINS

ANY CORDS THAT ARE PREVENTING YOU FROM CONNECTING TO HIGHER SELF, HIGHEST

PURPOSE, OR HIGHEST DIVINE PARTNER OF THIS LIFETIME



# Time to Cut Energetic Cords!

## Cord Cutting Ceremony

Make the connection between your mind's eye and your heart chakra and repeat the following mantra:

*“Dear Archangel Michael and Spirit Guides, I ask that you assist me in cutting any energetic or etheric cords that no longer serve my highest good. I ask that all cords attached to me regarding (the person, experience, or emotions) – along with anything else that does not align with Divine love, light and my highest purpose, I ask for it to be released. Help me let go of these and any attachments that are keeping me stuck. I ask that you fill me with your presence in the color of God’s love – rainbow – surrounding me with your healing presence and protection – in every time – space and dimension. Please ground, shield and protect me from any future attachments.”*

*And so It Is!*

*Namaste*

**Repeat the Affirmative Prayer** – for each person, experience or negative feelings and emotions that you need to release.



**CLICK HERE** - For additional assistance with cutting cords or my 'ReBooting Your Twin Soul' 1-on-1 Blueprint Program

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# 12 Collective Universal Grid Points

1. Mt. Shasta, California
2. Machu Picchu, Peru
3. Columbia, South America
4. Uluru in Australia
5. Glastonbury and Stone Hedge, UK
6. Great Pyramids, Egypt
7. Asia
8. Canada
9. Hawaii
10. France
11. Denver, CO
12. St. Louis, MO

## **Why are you and your twin flame doing grid work (which can be consciously and unconsciously)?**

Together you and your twin flame are healing past timelines through a process of: Clear – Correct–Connect – Collect – Conduit and you are doing this Personally – Together – Collectively–Universally, which is why you are clearing your personal and joint karma and the reason you may be separated in different states or countries. You must complete these karmic contracts to free your soul from these binding agreements.

- o CX karmic contracts – debts
- o Cleanse the family bloodlines
- o Clear layers of attachment to your stories
- o Cut energetic cords
- o Include releasing your attachment to all five components

that make up the anatomy of you and your twin flames soul being in all 12 Universal and personal grid points listed below.

# 12 Personal Grid Points

List 12 places that you have either, visited, have been drawn to visit, felt a deep connection with, or that your twin flame is associated with:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_

# Time to Celebrate!!!

## THE FREEDOM CELEBRATION

Time to Celebrate Your Victory! There is power in action - I invite you to perform this balloon release Freedom Celebration!

Write what you are letting go on one side and what your heart desires on the other:

I \_\_\_\_\_, am now FREE to release ALL my (burdens) past pain, suffering and old patterns of action. I now DECLARE the purest form of love and light into my life. I place all my heart's desires into the breath of God. I vow to live a life of Peace, Purpose and Passion. I have learned to trust my instincts and my inner guidance. From this day forward I will speak my truth with clarity. I trust that God will supply ALL my needs and I no longer have to worry about my finances or personal relationships. I agree to live out my life in the Divine order that it was intended to be: I will paint it – I will own it – I will love it – I will live it – I will SHARE IT!

Now, with the release of this (butterfly/dragonfly) balloon, I unleash all my inner potential and I will be taught how to fly into new dimensions in every area of my life: body, mind and soul. Let there be POWER in this expression of my trust in the higher good of the Universe. As I go forward into the world, I will let my light shine for others to see and become an extension of the Divine flame. Through this ripple effect, may I be an inspiration and touch the lives of others.

I am open for guidance and I am ready to receive blessings beyond belief!

And so it is, with ease and grace, I fly into the wind and I will FOREVER... See myself FREE!!!

Namaste



# Check Out - Additional Resources!

## Ways to GLOW Forward with Me...

**BOOK A READING OR ENERGY SESSION:**

<http://www.twinflameexpert.com>

**GET YOUR FREE 11-PART Videos Series to 'ReBoot Your Twin Soul' – ReCalibrate Your Vibration  
- Release Your Past, Raise Your Vibration, Reclaim Your Life & Reunite with Your Twin Flame!**

<https://www.recalibrateyourvibration.com/freekeycodes>

**FREE YOUR SOUL CHECKLIST – FREE DOWNLOAD:**

<https://www.freeyoursoulchecklist.com/ebook>

**FREE 30-DAY UNLOCK YOUR PASSION PROJECT:**

<https://www.recalibrateyourvibration.com/passionproject>

**BOOK: Twin Flame Code Breaker**

**GET YOUR COPY:**

<https://www.twinflameexpert.com/available-international>

**REBOOT YOUR SOUL ONLINE COURSE – FOR A LIMITED TIME HALF PRICE!**

<https://www.ascensionacademyonline.com/courses/reboot-your-soul-blueprint>

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## My journey thus far...

I AM a twin-flame ascension expert and I AM on a personal quest to fulfill my own twin-flame mission by sharing my message and enlightening the globe by giving back “The Gift” of UNCONDITIONAL LOVE that I received from my own twin flame, which has fueled my beacon for other twin flames to follow.

As a spiritual advisor, transformational coach and remote-energy healer, I help twin flames around the globe release their past, raise their vibration, reclaim their life, so they can experience the ultimate relationship of oneness with self and reunite with their twin flame.

My background is in holistic chiropractic, vibrational medicine and energy healing. For nearly 20 years, I have helped people remove energetic blocks that had kept them stuck in life.

Combined with my expertise, personal experiences, extensive research and my Divinely-guided messages, I help other twin flames around the world FACE FEARS - FIND FREEDOM & GLOW FORWARD ON FIRE ~ so they can return home – a place of inner peace and happiness!

Sharing the Shine,

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